

# Manmin News

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## “This Is How We Can Live a Happy Life!”

Believers Regaining Happiness after Healed of Depression by the Grace of God



The church members living happily after being set free from this modern epidemic, depression and other diseases; (from left) Deacon Saeseop Shim's couple, Deacon Jaesong Tak, Deaconess Kyungsook Kim's family, Deaconess Soonhee Son's family, Sister Kelieskovar Aljamora, and Deaconess Bokrae Shin.

After the failure of investment in securities, a man was suffering due to depression, insomnia, stomach disorders, and emotional disorders. When he opened his eyes and had no strength even to move his finger, he had a sudden impulse to commit suicide. Fortunately, he was guided by his sister to Manmin Central Church.

“God, if You are alive, save me!”

After listening to his message and receiving the ‘Prayer for the Sick’ from Dr. Jaerock Lee, Senior Pastor of the church, he was healed completely. He suddenly felt that something like a dark shadow came out from his eyes. Afterwards, he became light-hearted and could sleep soundly for a long time. All his diseases including depression disappeared. This is the testimony of Deacon Saeseop Shim, aged 42. After the experience, he was changed into a child of God. He is now the reliable head of his family and faithful church worker. He has also been blessed in his workplace.

Depression is a state of low, sad, unhappy mood and aversion to activity that can affect a person's thoughts, behavior, feelings and sense of well-being. Depressed people not only feel sad and lose interest or pleasure in activities that once were pleasurable but also they may not control their feeling and condition. It is accompanied with physical disorders as well as many mental problems such as hypothyria, busy brain, lack of promptness

in behavior, anxiety, and suicidal tendency.

In Manmin Central Church, there are many people who were set free from the depression which is known as the ‘epidemic of modern society’ as well as the many who have been healed of many diseases. They are now living happily with hope for Heaven.

Deaconess Soonhee Son, aged 44, was suffering from dissatisfaction of life and negative thoughts. She was diagnosed with depression. She repented that she hadn't lived according to the Word of God and received Dr. Jaerock Lee's prayer. Then, she was healed of not only depression but also reflux esophagitis, pollakisuria, and a herniated lumbar disc.

Deacon Jaesong Tak, aged 58, was divorced because things went wrong with a surety agreement he had entered into. He became addicted to alcohol and entered into depression. Meantime, he felt pleased to watch Dr. Jaerock Lee's sermons, praises, and people's testimonies broadcast via GCN ([www.gcntv.org](http://www.gcntv.org)). While praising with jumping, he was healed of depression.

Deaconess Bokrae Shin, aged 76, had depression after losing her husband who was inflicted with aftereffects of colorectal surgery, strokes, aftereffects of brain surgery, valvular disease of the heart, and arthritis. Her acquaintance advised her to read Dr. Jaerock Lee's book *Tasting Eternal Life before Death* and she did and received a lot of grace. Then,

she started her Christian life and by Dr. Lee's prayer for the sick she was healed of many diseases and depression.

Sister Kelieskovar Aljamora, aged 25, in Peru spent her childhood subjected to the abuse of her father and half-siblings. After growing up, she couldn't gain peace and suffered from depression. In the meantime, she was guided to Peru Manmin Church and listened to Dr. Lee's sermons. While listening to them, she realized how much God hates hatred and anger. When she repented of her past wrongdoings, hatred and anger with tears, the depression disappeared and overflowing joy came upon her.

Deaconess Kyungsook Kim, aged 47, was troubled over the poor relationship she had with her mother-in-law and sickness after childbirth. She was set free from depression through Dr. Lee's prayer. Additionally, there were a great number of people who were also freed from depression through Dr. Lee's life-filled words and the powerful prayer.

One of the symptoms of depression is to give up on everything due to negative thoughts or feelings. It causes one not to discern his own situation. But if one lives a true Christian life, they can have a positive way of thinking. Moreover, they don't have worries and anxiety because they can see God work according to their faith. Also, since they live joyfully with hope for Heaven, depression naturally vanishes.



Senior Pastor Dr. Jaerock Lee

“And there is salvation in no one else; for there is no other name under heaven that has been given among men by which we must be saved” (Acts 4:12).



God allowed the first man, Adam, to enjoy the authorities as he wanted in the Garden of Eden. However, there was one thing God prohibited. He prohibited eating from the tree of the knowledge of good and evil.

But as long time passed, Adam and Eve failed to keep the Word of God in their hearts and ate from it by the temptation of the serpent. They committed the sin of disobedience, and according to the justice saying, “The wages of sin is death,” they came to death (Romans 6:23).

‘Death’ here refers to not only physical death but also spiritual death, which means going to Hell. This curse didn’t end in Adam the first man, but it was passed down to all men who were his descendants and they ended up in the same death.

Then, wasn’t there any way for mankind, who had all become sinners, to be saved? There was a way, but someone would have to pay the price of sin on the behalf of sinners. In other words, if one were to receive the punishment of death on the behalf of the sinners who were supposed to receive it, then they could be saved.

Jesus the Son of God received the punishment of death in the place of all people who had been destined to receive it and did it on their behalf. But it is not that just anybody could save people just because he takes the punishment for sinners. He had to meet the qualifications as the Savior.

# Why Is Jesus Our Only Savior?

## 1. The Qualifications of the Savior

Then, what are the qualifications the Savior has to meet and why is only Jesus our Savior?

### First He had to be a man.

1 Corinthians 15:21 reads, “For since by a man came death, by a man also came the resurrection of the dead.” Since by a man started sin, it had to be a man who can redeem all men from the sin. Neither angels nor animals could redeem men from sins.

In the Old Testament time, of course, people were redeemed from sins by the killing of animals. But it was just one-shot at a time deal. Whenever people sinned, they had to receive forgiveness by offering animals as sacrifices.

However, by Jesus dying sinless on the wooden cross, He redeemed us from all our sins all at once (Hebrews 7:27, 9:12). To redeem all mankind from sins is the reason Jesus the Son of God came to the earth in flesh. John 1:1 says, “The Word was God” and 1:14 reads, “And the Word became flesh, and dwelt among us.” In other words, God who was the Word came to the earth in flesh. It is Jesus.

Human history explicitly proves that Jesus came to the earth as a man. The calendar commonly used among today is based on Jesus’ birth. History is divided into two: B.C. referring to ‘Before Christ’ and A.D. to ‘Anno Domini’ which means ‘In the year of the Lord.’ In this way, human history evidences Jesus’ birth.

### Secondly, the Savior must not be a descendant of Adam.

All descendants of Adam have the sinful nature, have sinned and are sinners. Sinners can’t redeem other sinners from sins. It is like one who has a huge personal debt can’t pay the debt of anyone else. But Jesus is not a descendant of Adam, who sinned. That is, He was born without any sinful nature.

How is it that Jesus is not a descendant of Adam? It is because Jesus was not born through the union of man’s sperm and woman’s egg. Matthew 1:18 reads, “When His mother Mary had been betrothed to Joseph, before they came

together she was found to be with child by the Holy Spirit.” Because Jesus was conceived by the Holy Spirit and was just ‘borrowing’ Mary’s womb, He had no original sin at all that is inherited from parents.

### The third qualification of the Savior is He must have power to save others.

In the army, in order to take back your forces who have been taken captive by the enemy, you have to have the power sufficient to defeat the enemy. In the same manner, to save mankind, who became servants of Satan, the Savior must have power to overcome Satan.

What is power in the spiritual world? Being sinless is power. Since Jesus was not Adam’s descendant, He had no original sin. He didn’t commit any sin in His life. He lived only according to the Word of God.

Hebrews 7:26 describes Jesus as ‘holy, innocent, undefiled’ and 1 Peter 2:22 describes Him as ‘[the One] who committed no sin, nor was any deceit found in His mouth.’ Since Jesus was sinless as written, He could overcome death and resurrect. By doing so He could save mankind, who had become the servants of Satan.

### The Savior, lastly, must have love.

Jesus is one with God the Origin and He is the Creator and the Master of all things. But He bore the cruel punishment of crucifixion on behalf of sinners. He was despised and received the scorn, contempt and all sufferings that sinners were supposed to take. Without love, He couldn’t have done so.

So, why did Jesus have to die on a wooden cross? After Adam’s transgression, all mankind was cursed under the law saying “The wages of sin is death”. As Galatians 3:13 says, “Cursed is everyone who hangs on a tree,” to redeem us from the curse of the law, Jesus had to be hung on the wooden cross while bearing the curse.

And why did Jesus have to shed blood? Leviticus 17:14 states, “For as for the life of all flesh, its blood is identified with its life.” Hebrews 9:22 says, “Without shedding of blood there

is no forgiveness.” As this explains, only with shedding of the blood that is identified with life, is there forgiveness. That is why Jesus shed blood by wearing the crown of thorns and being scourged. He shed all His blood and water with His hands and feet nailed through and His side pierced with a spear.

Jesus shed blood for the forgiveness of all men’s sins with love and ended up dying on the cross. Here, it is not that anyone can redeem others from their sins by shedding blood. The blood must be just like Jesus’ blood, clean blood that is sinless with no original sins and no self-committed sins.

So, Acts 4:12 reads, “And there is salvation in no one else; for there is no other name under heaven that has been given among men by which we must be saved.”

## 2. The reason why anyone can receive salvation by believing Jesus as their Savior

In the world and over all time there is only one who completely meets the qualifications of the Savior. It is Jesus. But Satan put Jesus, who was sinless, to death by using evil people. Satan violated the spiritual law in the killing of Jesus who had no sin. The price for this is to set free from death those who accepted Jesus as their Savior (Romans 5:18). This is the providence of salvation in the cross.

1 Corinthians 2:7 talks about this, saying, “But we speak God’s wisdom in a mystery, the hidden wisdom which God predestined before the ages to our glory.” Satan and the enemy devil thought their authority would last forever as long as they crucified Jesus. But the consequence was the complete opposite. By putting Jesus to death was their way to destruction and the way to achieving the providence of human salvation through Jesus.

God had hidden this mystery until the time came without anyone knowing. When the time finally came, Jesus was crucified and the way to salvation was opened widely to all people. If Satan had known the mystery, Jesus would not have been killed. This is the amazing wisdom of God hidden before the ages. Hallelujah!

## The Confession of Faith

1. Manmin Central Church believes that the Bible is God-breathed Word that is perfect and flawless.
2. Manmin Central Church believes in the unity and the work of God the Trinity: God the Holy Father, God the Holy Son, and God the Holy Spirit.
3. Manmin Central Church believes that we are forgiven of our sins only by

the redeeming blood of Jesus Christ.

4. Manmin Central Church believes in the resurrection and ascension of Jesus Christ, His Second Advent, the Millennium, and the eternal heaven.
5. Members of Manmin Central Church confess their faith through “The Apostles’ Creed” each time they come together and believe in its content verbatim.

“[God] Himself gives to all people life and breath and all things.” (Acts 17:25)

“And there is salvation in no one else; for there is no other name under heaven that has been given among men by which we must be saved.” (Acts 4:12)

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# “Darkness was driven away after I met the Lord of love”

**Sister Eunsuk Kim**

aged 34, 2-15 Parish in South Korea



Six months after I delivered my first baby in 2009, illness of the mind swept over me. I felt very depressed while raising my child. I often argued with my husband. He was a kind, diligent, and sweet man to me, but I criticized him saying he didn't understand the depth of my heart and it led to big arguments.

I had grown up seeing frequent conflicts between parents and suffered because of their divorce. I wanted to keep my family and tried hard. But the trauma in my heart formed hatred and anger. My efforts ended in vain constantly.

I didn't want to pass the pain that I had suffered down to my loving child. I tried in desperation. I read dozens of books on psychology and tried hard to settle down mentally even by relying on people who are in the similar situation.

However, such efforts worked only for the moment. Once hatred and resentment towards my parents arose from my heart, I couldn't control the burning anger.

**To be freed from anger and depression caused by the wound that was like a hole in the depths of my heart**

I went to a famous psychiatrist and received counseling, EMDR therapy which is trauma treatment, and medicine treatment. I no longer got angry but I didn't feel pleased and joyful either.

While taking medicine, I didn't argue with my husband and got along with him on the outside, but the side effects of the medicine caused me to have stomachache and feel empty-headed. But if I skipped taking medicine, anger arose and I argued with my husband. I had to take the medicine again.

During the summer of 2013, I thought that to see my child grow up well I would have to find a way of survival no matter what I had to do. At that time, I already knew that the wound in my heart couldn't be healed with my husband's love and with the ways of medicines. Eventually, reaching the end I thought about finding God.

I had never prayed in my entire life, but I wanted to pray in church. I thought God might know my heart that nobody understood and asked Him about things like "Why had such parents been chosen for me? Why did I have to suffer? Is there any way to solve my problems?"

Meantime, I said to one of my neighbors, "I should go to church". Then she said "Come with me to my church". I willingly went to church. In the end, on July 28 in 2013, I registered in Manmin Central Church.

After a month of going to church, I went to the Dawn Prayer Meeting. There I received the Holy Spirit, and shed tears of repentance. Afterwards, I felt relieved and joyfully kept the whole Sabbath and attended Friday All-night

Service and Daniel Prayer Meeting. Two weeks later, I had a dream.

In the dream, I looked at myself in the mirror and there was a white bug on my forehead. It was a long bug, perhaps 5cm in length and a millimeter in width. I felt really it was so nasty and grabbed it and pulled on the bug. Then the bug stuck to my forehead and seemed like it had taken root. A 20 to 30cm body came out from my forehead! The root of it shone with blue-colored light.

I didn't know at that time, in September 2013, but it was about the second level of healing power with its blue light that was healing me of depression. I eventually came to have the right to become God's child.

**I found the fundamental reason of depression in the Word of God and repented, then...**

I tried my best to heal my trauma by listening to sermons. Particularly, I listened attentively to Dr. Lee's main sermon series such as 'Love Chapter' and 'Nine Fruits of the Holy Spirit' and made them part of my heart.

His messages taught me that my problem was caused by evil in my heart and it touched my heart. So whenever I felt the urge to blame the world, others, and parents, I prayed to cast away resentment, complaints, ill feelings, and hatred.

I attended Daniel Prayer Meeting held every night and prayed to God saying, "I want to repent thoroughly of my sins." Then, the fire of the Holy Spirit came down from above and the work of thorough repentance poured down upon me. I prayed so earnestly that I was soaked all over my body with sweat and then I became joyful and peaceful. I could feel the love of God and mercy of the Lord.

I realized that the cause of all problems had been me. I rather felt sorry because of what I did to my parents, husband, and child whom I had given hard time to. I realized it from my heart and decided to do better for my child, husband, and parents. I earnestly wanted to be forgiven of my past wrongdoings.

I made up my mind to give spiritual love and true love that doesn't change in any kind of situation. In order to change completely, I have been trying my best and running with the help of the Holy Spirit.

Now darkness was driven away from my family and we became peaceful. My child is very positive, bright, and wise. He is now attending Manmin Kindergarten. My husband attends Sunday Services. Above all, he is considerate of me and helps me lead my Christian life well because he felt so thankful for my changes. I give all thanks and glory to God who allowed me to find true happiness.

# Jesus Christ, the Name of Love Proclaimed in Kenya, Africa

“But you will receive power when the Holy Spirit has come upon you; and you shall be My witnesses both in Jerusalem, and in all Judea and Samaria, and even to the remotest part of the earth” (Acts 1:8).

Before He ascended into Heaven the Lord, who was crucified and resurrected, requested of the people to proclaim salvation to all people. As He commanded, Manmin Central Church has been devoted to national evangelism and the world mission with powerful works of God since the opening. Currently, with its approximately ten thousand branch and associate churches, the church is working as the Lord’s witness to the remotest part of the earth through the literary mission with books, periodicals and a newspaper, and the broadcast media of television and internet.

In particular, overseas united crusades triggered the full-scale level of the world mission such as Uganda Holy Gospel Crusade 2000 featured on CNN and crusades crowded with hundreds of thousands to even millions of people in Pakistan, India, and New York in U.S. In Israel, signs, wonders, and amazing powerful works occurred and Dr. Jaerock Lee proclaimed Jesus Christ is our only Savior.

Kenya is the gateway to Africa and a very important spot geographically. Let’s take a moment to have a look at yesterday and today.

## Spiritual awakening occurred in the greatest crusade in Kenya Christian history

Dr. Jaerock Lee led the Holy Gospel Crusade from June 29 through July 1 in Uhuru Park in Nairobi, Kenya. He preached the messages entitled “God the Creator”, “Why Is Jesus Our Only Savior?”, and “God the Healer” manifesting the evidences of the living God.

When Dr. Lee prayed for the sick on the stage, the disabled stood up from their wheel chairs and walked. Witnessing it, the attendees shouted with joy and gave

glory and thanks to God. Also, demons went out, the blind came to see, the deaf to hear, and the mute to speak. Many diseases including AIDS were healed.

Approximately three hundred thousand people attended. It was the greatest number of attendees in a crusade in Kenya’s history. Even organizing committee members were surprised saying it was unprecedented that the event was attended by so many people. The crusade was broadcast live nationwide via Kenyan national broadcaster KBC TV and also by radio. The actual number of people who joined the crusade via broadcasting was immeasurably great.

Before the crusade, Pastors’ Seminar was also held. Through Dr. Lee’s prayer on the stage, more than one thousand people were healed immediately at the venue. A local influential daily newspaper reported the event saying that they had never seen such miracles and great signs that had been manifested, and that Dr. Jaerock Lee is a truthful man of God man. This initiated spiritual awakening in African Christian churches and subsequently, a very large number of churches registered as Manmin’s branch or associate churches.

## Active mission works have been carried out in 54 countries in Africa

After the crusade, many people were healed of their traumatic injuries and of diseases through the handkerchief of power on which Dr. Jaerock Lee had prayed (Acts 19:11-12). This is because Bishop Dr. Myongho Cheong, Chairman of United Holiness Church of Jesus Christ, Africa (ministering to Nairobi Manmin Holiness Church in Kenya) has conducted handkerchief healing crusades and numerous people have been healed of their diseases and many have reached salvation.

Bishop Dr. Cheong also conducted Pastors’ Seminars. By doing so, he confirmed his messages to African pastors with signs that followed. He also has taught the

holiness gospel by opening Manmin International Bible Seminary for African souls’ growth in faith. Dr. Lee’s sermons are also broadcast nationwide via Family TV. The people are also constantly provided with spiritual food through Dr. Lee’s books and *Manmin News*.

## Handkerchief Healing Crusades have been held in Nairobi Manmin Holiness Church

On May 27, 2014, a handkerchief healing meeting was held in Nairobi Manmin Holiness Church in Kenya. It was a weekday, but over 1,700 people attended. It commenced with local praise singers’ performance and Manmin Performing Arts Committee’s Power Team’s powerful dance and special songs in the local language.

Rev. Heesun Lee, Manmin World Guidance Pastor, preached the message entitled “Faith”. She emphasized that we need the Word of God and prayer to become true Christians. Then, she prayed for the sick people one by one with the handkerchief on which Dr. Jaerock Lee had prayed.

Brother Evans, aged 47, who relied on crutches due to a fractured leg caused by a car accident, came to walk without any help. Sister Rona, aged 32, who couldn’t move her body parts from neck to hip due to neural pressure around her backbone, came to freely move her body after the prayer.

Sister Emily Oluchi, aged 36, was suffering because her legs were rotting due to chronic ulcerations. She had skin grafts four times. When she received Rev. Heesun Lee’s prayer, she felt that her legs became light. Next day, her doctor said, “The skin graft is supposed to be applied on the skin normally around July or later, but it is amazing that your skin is being recovered very quickly.”

Besides, a number of people were healed of arthritis, high blood pressure, chest pain, and high fever and they glorified God.

## - Kenya Holy Gospel Crusade 2001, and African Mission’s Yesterday and Today -



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